

# Biomelatonin

TABLETS

*Food supplement based on herbal extracts and melatonin.*

## DIFFICULTY FALLING ASLEEP • RELAXATION AND SLEEP

**INGREDIENTS:** California poppy aerial parts (*Escholtzia californica*, maltodextrin) dry extract, bulking agent: microcrystalline cellulose; Hops female inflorescence (*Humulus lupulus*, maltodextrin) dry extract (titrated at 0,4% Rutin), bulking agent: calcium phosphate; Skullcap root (*Scutellaria baicalensis*) dry extract (titrated at 30% Baicalin), antiagglomerants: silicon dioxide, magnesium stearate; melatonin powder.

Thanks to its active ingredients, **BIOMELATONIN** can effectively fight disorders of the sleep-wake cycle and encourage proper nighttime rest, insomnia and reduce nervousness. Useful in fighting jet lag.

**BIOMELATONIN** is recommended in the following cases:

- Sleep disorders
- Difficulty falling asleep
- Altered sleep-wake cycles
- Stress
- Insomnia
- Jet lag

### NUTRITIONAL INFORMATION

		Per 100 g	per 1 tablet
Eschscholzia d.e.	g	44.4	0.4
Hops d.e.	g	11.1	0.1
of which Rutin	mg	44.4	0.4
Scutellaria e.s	g	5.6	0.05
of which baicaline	g	1.6	0.4
Melatonin	mg	111	1.0

Package 45 tablets

**SUGGESTED USE:** 1 tablet 45 minutes before bedtime.

*Product notified to the Italian Ministry of Public Health*

